

# COUNSELING, MS

Department of Counseling, College of Education, Health, and Human Sciences

## Vision Statement

The purpose of the Department of Counseling is to prepare a diverse student population at the master's degree level for professional service as school counselors, clinical mental health counselors, student affairs professionals, and/or for advanced study. Graduates of the program are prepared to function professionally within their area(s) of concentration.

As dedicated practitioners, reflective scholars, and responsible citizens, our graduates are prepared to fill the need for highly trained professionals. Graduates are trained to support the broad range of counseling needs of the metropolitan community including: individual, couples, family and group counseling.

## Program Contact Information

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Program Website (<http://www.unomaha.edu/college-of-education/counseling/>)

## Other Program Related Information

- Earning a graduate degree in clinical mental health counseling or school counseling satisfies only the academic requirements for licensure and/or certification in the state of Nebraska. Students should consult the appropriate state agency/department for guidance on gaining state licensure and/or certification.
- Students should be aware that licensure and/or certification requirements often vary by state. Students interested in gaining professional licensure and/or certification outside of Nebraska should consult their intended state's licensing/certification office/department for appropriate guidelines and timelines.
- An alternative counseling endorsement is available for students in the school counseling concentration who do not hold degrees in education. This endorsement eliminates the two-year teaching requirement and includes an additional 12 credit hours. Students choosing the alternative endorsement route will complete a 60 credit school counseling curriculum instead of the 48 credit school counseling curriculum.
- Successful completion of all courses and a comprehensive exam in the student's respective concentration are requirements for graduation.
- Graduates are recommended only for positions consistent with the concentration they completed.
- Professional background checks are required for all students following admission to the program and again prior to beginning their practicum experience.
- Candidates are admitted and permitted to continue programs in counseling on the basis of their potential for successful training and professional practice. Candidates are evaluated on an ongoing basis while enrolled with respect to their suitability for continuation in the program prior to taking the counseling practicum or internship courses. Specific course and grade requirements to take practicum courses are available in the Department of Counseling.
- The P-12 school counseling and clinical mental health counseling concentrations are accredited by the Council for the Accreditation of Counseling and Related Educational Programs (CACREP; 2009), the national accrediting agency for counselor education programs.

## Unclassified Students

Students who have already earned a master's degree in counseling and need to enroll in additional courses for licensure should apply as unclassified students. Unclassified students are allowed to take courses for which they meet the prerequisite. Successful completion of graduate courses as an unclassified student does not obligate the department to accept those courses for credit toward the fulfillment of degree requirements. Formal advisement in an endorsement area is required.

## Admissions

General Application Requirements and Admission Criteria (<http://catalog.unomaha.edu/graduate/admission/>)

## Program-Specific Requirements Application Deadlines (Spring 2024, Summer 2024, and Fall 2024)

- Clinical Mental Health Counseling, P-12 Counseling and Unclassified**
  - Fall: February 15
  - Spring: September 15
  - Summer: February 15
- Student Affairs Practice in Higher Education**
  - Applications for this concentration are accepted on a rolling basis. All materials must be submitted prior to the semester in which the applicant has elected to begin coursework.

## Other Requirements

- Bachelor's degree
- Three credit hours of behavioral science coursework is suggested.
- English Language Proficiency:** Applicants are required to have a command of oral and written English. Those who do not hold a baccalaureate or other advanced degree from the United States, **OR** a baccalaureate or other advanced degree from a predetermined country on the waiver list, (<https://www.unomaha.edu/graduate-studies/prospective-students/Proof%20of%20English%20Proficiency-%20International.pdf>) must meet the minimum language proficiency score requirement in order to be considered for admission.
  - Internet-based TOEFL: 80, IELTS: 6.5, PTE: 53, Duolingo: 110
- Statement of Purpose:** 2 pages (double-spaced) addressing the following:
  - Reason(s) for pursuing the counseling profession,
  - Relevant experience,
  - Personal career goals,
  - Reason(s) for choosing UNO's Counseling program.
- Resume or curriculum vitae**
- Letters of Recommendation:**
  - Clinical Mental Health Counseling, P-12 Counseling and Unclassified require two letters of recommendation and should be from persons who can speak to the applicant's professional competence and/or academic ability.
  - Student Affairs Practice in Higher Education concentration requires no letters of recommendation.
- Group admissions interview (required for admission).

## Degree Requirements

Code	Title	Credits
<b>Concentrations</b>		
Select an area of concentration:		
	Clinical Mental Health Counseling	60

P-12 School Counseling <sup>1</sup>	48
Student Affairs Practice in Higher Education	30

<sup>1</sup> Alternative endorsement for school counseling students without education degrees (60 hours). Contact your advisor for more information.

### Exit Requirements:

- Comprehensive Examination for concentration area.

## Concentrations

### Clinical Mental Health Counseling Concentration

Code	Title	Credits
<b>Required Courses</b>		
TED 8010 or EDL 8010	INTRODUCTION TO RESEARCH INTRODUCTORY RESEARCH METHODS	3
COUN 8010	INTRODUCTION TO COUNSELING	3
COUN 8110	HUMAN DEVELOPMENT AND PSYCHO-SOCIAL INTERVENTION STRATEGIES	3
COUN 8030	COUNSELING PRACTICES	3
COUN 8040	ETHICAL ISSUES FOR PROFESSIONAL COUNSELORS	3
COUN 8200	COUNSELING THEORIES	3
COUN 8020	COUNSELING FOR WORK AND WELLNESS	3
COUN 8230	APPRAISAL TECHNIQUES IN COUNSELING	3
COUN 8360	GROUP THEORY & TECHNIQUES	3
COUN 8400	ADVANCED THEORY AND TECHNIQUES IN COUNSELING	3
COUN 8520	COUNSELING MULTICULTURAL AND DIVERSE POPULATIONS	3
COUN 8610	INTRODUCTION TO MARITAL AND FAMILY THERAPY	3
COUN 8700	CHILD AND ADOLESCENT COUNSELING	3
COUN 8800	CLINICAL MENTAL HEALTH COUNSELING	3
COUN 8920	TREATMENT PLANNING AND THE DSM	3
COUN 8280	TRAUMA, CRISIS, AND GRIEF COUNSELING	3
COUN/SOWK 8516	CLINICAL TREATMENT ISSUES IN SUBSTANCE USE DISORDERS	3
COUN 8220	COUNSELING PRACTICUM	3
COUN 8250	INTERNSHIP: CLINICAL MENTAL HEALTH COUNSELING	3
COUN 8260	ADVANCED INTERNSHIP: CLINICAL MENTAL HEALTH COUNSELING	3
<b>Total Credits</b>		<b>60</b>

### P-12 School Counseling Concentration

Code	Title	Credits
<b>Required Courses</b>		
TED 8010 or EDL 8010	INTRODUCTION TO RESEARCH INTRODUCTORY RESEARCH METHODS	3
COUN 8030	COUNSELING PRACTICES	3
COUN 8040	ETHICAL ISSUES FOR PROFESSIONAL COUNSELORS	3

COUN 8110	HUMAN DEVELOPMENT AND PSYCHO-SOCIAL INTERVENTION STRATEGIES	3
COUN 8200	COUNSELING THEORIES	3
COUN 8210	ORGANIZATION & ADMINISTRATION OF SCHOOL COUNSELING PROGRAMS	3
COUN 8280	TRAUMA, CRISIS, AND GRIEF COUNSELING	3
COUN 8330	PRACTICUM FOR SCHOOL COUNSELORS	3
COUN 8430	INTERNSHIP IN SCHOOL COUNSELING	3
COUN 8460	ADVANCED INTERNSHIP IN SCHOOL COUNSELING	3
COUN 8520	COUNSELING MULTICULTURAL AND DIVERSE POPULATIONS	3
COUN 8630	FOUNDATIONS AND ISSUES IN SCHOOL COUNSELING	3
COUN 8650	ISSUES IN ELEMENTARY AND MIDDLE SCHOOL COUNSELING	3
COUN 8670	CAREER DEVELOPMENT POST-SECONDARY TRANSITIONS	3
COUN 8700	CHILD AND ADOLESCENT COUNSELING	3
COUN 8740	SCHOOL COUNSELING GROUPS	3
<b>Total Credits</b>		<b>48</b>

### Student Affairs Practice in Higher Education Concentration

Code	Title	Credits
<b>Required Courses</b>		
COUN 8030	COUNSELING PRACTICES	3
COUN 8850	THE COLLEGE STUDENT EXPERIENCE	3
COUN 8930	HISTORY OF HIGHER EDUCATION AND STUDENT AFFAIRS	3
COUN 8940	DIVERSITY AND WELLNESS ISSUES IN HIGHER EDUCATION	3
COUN 8950	ORGANIZATION, ADMINISTRATION, AND LEADERSHIP IN HIGHER EDUCATION	3
COUN 8980	DIGITAL LEARNING: POLICY, PROGRAMMING, & SYSTEMS	3
COUN 8810	LAW AND ETHICS IN HIGHER EDUCATION AND STUDENT AFFAIRS	3
COUN 8820	CRISIS AND EMERGENCY MANAGEMENT IN HIGHER EDUCATION	3
COUN 8830	CURRENT ISSUES IN HIGHER EDUCATION AND STUDENT AFFAIRS	3
COUN 8450	COLLEGE STUDENT PERSONNEL INTERNSHIP	3
<b>Total Credits</b>		<b>30</b>

**Ethical Conduct:** It should be understood that academic performance is not the only criterion for continuation in the program or for graduation. Candidates are expected to maintain the highest standards of ethical conduct pertaining to academic course work, professional practice and research activity. Any breach in ethical conduct shall be subject to disciplinary action, regardless of the candidate's prior or current academic performance. See the "American Counseling Association Code of Ethics" for specific guidelines.

**COUN 8006 SPECIAL STUDIES IN COUNSELING (1-6 credits)**

This course is designed to allow candidates to pursue independent study of a topic under the direction and guidance of a faculty member. Topics studied and the nature of the learning activities are mutually agreed upon by the candidate and instructor. This course will prepare graduate (or undergraduate) candidates as dedicated practitioners, reflective scholars, and responsible citizens who can meet the challenges of their profession in a changing world. (Cross-listed with COUN 4000).

**Prerequisite(s):** Permission by the Department. Must be admitted to the Counseling Program. Not open to non-degree graduate students.

**COUN 8010 INTRODUCTION TO COUNSELING (3 credits)**

This is an exploratory course for students entering, or considering entering, the field of professional counseling. The focus is on: 1) the development of the profession of counseling, 2) your own professional and personal development as well as your understanding of what contributes to your development as an effective counselor, and 3) a general overview of specific requirements for successful completion of a master's degree in Counseling at UNO.

**Prerequisite(s):** Undergraduate Degree. Department permit required for non-degree seeking students (based on availability)

**COUN 8016 MENTAL HEALTH IN SCHOOLS: RISK FACTORS AND INTERVENTIONS (3 credits)**

This course explores the role that educators and school mental health professionals play in identifying the risk factors and warning signs of children and youth with mental health concerns. Students will understand the risk and protective factors at the individual, family, school, and community level as related to children and youth's mental health. The course will provide an overview of externalizing and internalizing disorders as well as school-based and community-based treatments and interventions. (Cross-listed with COUN 4010, SPED 4010, SPED 8016).

**Prerequisite(s):** Not open to non-degree graduate students.

**COUN 8020 COUNSELING FOR WORK AND WELLNESS (3 credits)**

This course will serve as an introduction to the topics of career counseling, career development, and wellness.

**Prerequisite(s):** Admission to UNO Counseling as degree seeking student; Department permit for non-degree seeking student (based on availability)

**COUN 8030 COUNSELING PRACTICES (3 credits)**

The major purpose of Counseling 8030 is to assist students in skill development as noted in Ivey's Intentional Interviewing and Counseling Model. Candidates practice, develop and improve counseling skills in an environment of professional and constructive criticism. Candidates will continue to develop counseling skills through additional coursework leading to practicum and internship experiences.

**Prerequisite(s):** Open only to students admitted to the UNO Counseling Program; Department permission is required for students with non-degree status; and is based on availability.

**COUN 8040 ETHICAL ISSUES FOR PROFESSIONAL COUNSELORS (3 credits)**

This course examines the ethical, professional, and legal aspects of individual, couple and family counseling including liabilities incurred by the professional. The course addresses the appropriate ethical guidelines as stated by the American Counseling Association (ACA) code of ethics in a participatory format.

**Prerequisite(s):** Open only to students admitted to the UNO Counseling Program; Department permission is required for students with non-degree status; and is based on availability.

**COUN 8050 INTRODUCTION TO PROFESSIONAL SCHOOL COUNSELING (1 credit)**

This is an exploratory course for candidates considering entering the field of professional school counseling. This introductory course is required for candidates majoring in counseling, with a concentration in school counseling. Selected issues underlying the school counseling profession are studied.

**Prerequisite(s):** Admission to the Graduate College and/or the Counseling Department.

**COUN 8100 RESEARCH PROJECT IN COUNSELING (1-3 credits)**

Individual or group study and analysis of specific problems/issues in the field.

**Prerequisite(s):** Admission to Counseling program and permission of instructor. Not open to non-degree students.

**COUN 8110 HUMAN DEVELOPMENT AND PSYCHO-SOCIAL INTERVENTION STRATEGIES (3 credits)**

This course is designed to examine theories of human development covering the lifespan of the individual and the psychosocial interventions appropriate to various phases of the lifespan. The course will emphasize human development as an interactive process involving individuals in a number of contexts; hence human diversity factors (racial ethnic groups, gender, sexual orientation) also will be considered.

**Prerequisite(s):** Open only to students admitted to the UNO Counseling Program; Department permission is required for students with non-degree status; and is based on availability.

**COUN 8150 STUDENT AND STUDENT PERSONNEL WORK IN HIGHER EDUCATION (3 credits)**

An overview of the characteristics of college students and their interaction with campus environmental influences. The impact of student personnel work is considered as it affects personality growth, social development and career planning by college students.

**Prerequisite(s):** Admission to Counseling program. Not open to non-degree graduate students.

**COUN 8200 COUNSELING THEORIES (3 credits)**

This course is designed to examine counseling theories and the historical and geographic influence on counseling theory development.

**Prerequisite(s):** Open only to students admitted to the UNO Counseling Program. Not open to non-degree graduate students.

**COUN 8210 ORGANIZATION & ADMINISTRATION OF SCHOOL COUNSELING PROGRAMS (3 credits)**

The course introduces graduate candidates to an administrative systems approach to organizing comprehensive and developmental school counseling programs for all k-12 students. The American School Counselor Association's (ASCA) National Model for School Counseling Programs provides the foundation for content. Topics include, but are not limited to, school counseling programs: Foundation, Delivery System, Management System, and Accountability domains. Special focus is also placed on developing educational leadership skills, advocacy for k-12 students, and bringing about positive systemic change. Teaching counselor candidates to effectively manage school counseling programs is an important part of our effort to prepare educational leaders.

**Prerequisite(s):** Admission to UNO Counseling Dept. Not open to non-degree graduate students.

**COUN 8220 COUNSELING PRACTICUM (3 credits)**

This course is the first of the clinical application courses of counseling knowledge, techniques, and specialty areas in clinical mental health settings. Candidates practice, develop and improve counseling skills in an environment of professional constructive criticism.

**Prerequisite(s):** Pre-Reqs: COUN 8010, COUN 8030, COUN 8040, COUN 8200, COUN 8280, COUN 8400, COUN 8516, COUN 8520, COUN 8920 Co-Reqs: COUN 8360, COUN 8610, COUN 8800 Registration Reqs: Attend Practicum Orientation; Dept Consent. Not open to non-degree graduate students.

**COUN 8230 APPRAISAL TECHNIQUES IN COUNSELING (3 credits)**

Appraisal Techniques in Counseling includes the history of individual appraisal, the major technical considerations governing assessments, and a survey of measurement devices in the cognitive and affective domains. The course will include uses and implications of standardized and non-standardized assessment devices. Additionally, this course will cover the responsible use and interpretation of ability, aptitude, interest, personality, and career development assessment tools. Whenever it is applicable, a strengths-based, positive psychology approach will be integrated and utilized throughout this course.

**Prerequisite(s):** Admission to UNO Counseling Department as degree seeking student; Department permission for non-counseling/degree seeking student in UNO allied mental health discipline only (based on availability)

**COUN 8250 INTERNSHIP: CLINICAL MENTAL HEALTH COUNSELING (3 credits)**

This course is the first of the clinical applications of knowledge, techniques, and specialty areas in community settings. Students practice, develop and improve counseling skills in an environment of professional constructive criticism. This course is required for all graduate students in counseling who meet the prerequisites.

**Prerequisite(s):** COUN 8220 with grade of B or better; Department Permission. Not open to non-degree graduate students.

**COUN 8260 ADVANCED INTERNSHIP: CLINICAL MENTAL HEALTH COUNSELING (3 credits)**

Field experience in an approved agency program under the supervision of a licensed counselor and university instructor.

**Prerequisite(s):** Completion of COUN 8250 with grade of B or higher. Not open to non-degree graduate students.

**COUN 8270 GROUP TECHNIQUES (1 credit)**

This course is intended to prepare students to effectively incorporate group principles appropriate to various counseling settings including schools, treatment centers, and agencies. This class includes a group experience.

**Prerequisite(s):** Admission to graduate program in Counseling or permission of instructor. Not open to non-degree graduate students.

**COUN 8280 TRAUMA, CRISIS, AND GRIEF COUNSELING (3 credits)**

This course will present approaches to trauma, crisis intervention, and grief counseling which include definitions and characteristics of trauma and crisis, a brief history of trauma and crisis intervention and associated theories/models and a practice of skills for intervention and crisis case management. Topics will include applied therapeutic counseling strategies in general casework and in crisis intervention cases, in particular, which describe actual techniques to alleviate the crisis and trauma. Grief topics will also be explored including counseling theory, techniques and interventions.

**Prerequisite(s):** Admission to UNO Counseling as degree seeking student; COUN 8030, COUN 8200, COUN 8040; Dept permission/graduate status as degree seeking student in allied mental/behavioral health (based on availability). Not open to non-degree graduate students.

**COUN 8306 COUNSELING TECHNIQUES I (1 credit)**

This course will present the counseling process, knowledge of beginning skills development and application of techniques related to a specific approach. Topics may include Adlerian counseling (specified in this syllabus), anger management, play therapy, solution focused, cognition, and other topics as needed. (Cross-listed with COUN 4300).

**Prerequisite(s):** Admission to Counseling program. Not open to non-degree students; must take prior to practicum.

**COUN 8316 COUNSELING TECHNIQUES II (1 credit)**

This course will present the counseling process, knowledge of beginning skills development and application of techniques related to a specific approach. Topics may include Rational Emotive Behavior Therapy (REBT) (specified in the syllabus), anger management, play therapy, solution focused, cognition, and other topics as needed.. (Cross-listed with COUN 4310)

**Prerequisite(s):** Admission to Counseling program; must take prior to practicum. Not open to non-degree students.

**COUN 8330 PRACTICUM FOR SCHOOL COUNSELORS (3 credits)**

This course is the first of the clinical applications to provide the prospective school counselor with supervision in a school counseling setting. Candidates will continue to develop counseling skills and will become immersed in the work of a professional school counselor. Candidates practice, develop and improve counseling skills in an environment of professional and constructive criticism.

**Prerequisite(s):** Instructor Consent; COUN 8030; COUN 8040; COUN 8200; COUN 8210; COUN 8280; COUN 8630; COUN 8650; COUN 8670; COUN 8700; COUN 8740; Grade of B or better in COUN 8030 and COUN 8040. Not open to non-degree graduate students.

**COUN 8360 GROUP THEORY & TECHNIQUES (3 credits)**

This course is intended to prepare students to effectively incorporate group principles appropriate to various counseling settings including schools, clinical mental health treatment facilities, and agencies. This class includes a group experience.

**Prerequisite(s):** Admission as degree seeking student in UNO Counseling Dept; Pre-Reqs: COUN 8030, COUN 8040; Completion of Group Experience and Department permission. Not open to non-degree graduate students.

**COUN 8400 ADVANCED THEORY AND TECHNIQUES IN COUNSELING (3 credits)**

This course introduces students to the basic knowledge and skills necessary to understand and apply counseling techniques related to differential approaches to treatment. Topics may include Solution-Focused, Adlerian, Cognitive-Behavioral (CBT), Dialectical Behavioral (DBT), Motivational Interviewing, and other techniques as deemed to be relevant/appropriate.

**Prerequisite(s):** Admission to UNO Counseling program; Pre-Reqs: COUN 8030; COUN 8200

**COUN 8406 COUNSELING TECHNIQUES III (1 credit)**

This course will assist candidates in developing more systematic integration of previously learned information and skills and the application to specific counseling situations related to various approaches. Topics may include Solution Focused Counseling - SFC (specified in the syllabus), Dialectical Behavioral Therapy, anger management, art therapy, play therapy, solution focused, cognition, and other topics as needed. (Cross-listed with COUN 4400)

**Prerequisite(s):** Admission to Counseling program. Not open to non-degree students.

**COUN 8430 INTERNSHIP IN SCHOOL COUNSELING (3 credits)**

This course is the second of the clinical applications to provide the prospective school counselor with supervision in a school counseling setting. Candidates will continue to develop counseling skills and will become immersed in the work of a professional school counselor. Candidates practice, develop and improve counseling skills in an environment of professional and constructive criticism.

**Prerequisite(s):** Pre-req: COUN 8330. Not open to non-degree graduate students.

**COUN 8440 TRAUMA INFORMED EDUCATION (3 credits)**

This course will present approaches to create trauma-informed classrooms which includes definitions and characteristics of trauma and how it impacts children, a brief history of trauma and associated theories/models, and a practice of skills for intervention in the classroom to support students and their families. Topics include applied teaching strategies which describe research-based techniques to support students with a history of trauma, as well as strategies to recognize signs of secondary trauma and burnout, followed by ways to mitigate them using research-based self-care techniques. (Cross-listed with TED 8290).

**COUN 8450 COLLEGE STUDENT PERSONNEL INTERNSHIP (1-3 credits)**

This course is designed to provide practical work experience under supervision in various areas within student personnel services.

**Prerequisite(s):** COUN 8030, COUN 8040, COUN 8006, COUN 8150, COUN 8360, COUN 8520. Not open to non-degree graduate students.

**COUN 8460 ADVANCED INTERNSHIP IN SCHOOL COUNSELING (3-6 credits)**

This course is the third of the clinical applications to provide the prospective school counselor with supervision in a school counseling setting. Candidates will continue to develop counseling skills and will become immersed in the work of a professional school counselor. Candidates practice, develop and improve counseling skills in an environment of professional and constructive criticism.

**Prerequisite(s):** COUN 8330. Not open to non-degree graduate students.

**COUN 8500 CONSULTATION IN PROFESSIONAL COUNSELING (2 credits)**

Instruction in this course is founded upon commitment to the beliefs that individuals are valuable, responsible and capable, and that all human service professionals should work to create the conditions in which people value themselves as human beings and behave accordingly. As reflective decision-makers, such professionals value human potential and purposefully design policies, processes and programs that facilitate the realization of that potential. The counselor learns that consultation and collaboration are first and foremost helping relationships that have as their foundation the dignity and respect of individuals/groups involved. Consultation and collaboration are characterized as problem-solving processes that involve a variety of key decision points. A generic model is provided for students as a "cognitive map" upon which they can reflect when attempting to determine effective practice.

**Prerequisite(s):** Admission to the Counseling Program. Not open to non-degree graduate students

**COUN 8516 TREATMENT ISSUES IN CHEMICAL DEPENDENCY (3 credits)**

This course addresses chemical dependency treatment issues including denial, minimization, relapse and its prevention, resistance, family dynamics, poly-substance abuse, co-occurring disorders, spirituality and the influence of self-help groups. The education will include the clinical treatment needs of individuals suffering from chemical dependency, taking into consideration diversity, gender, culture and lifestyle. (Cross-listed with COUN 4510, SOWK 4510, SOWK 8516).

**Prerequisite(s):** Admission to counseling program or social work programs or permission of instructor. Not open to non-degree graduate students.

**COUN 8520 COUNSELING MULTICULTURAL AND DIVERSE POPULATIONS (3 credits)**

This course will make candidates more aware of the societal context in which counseling takes place and to help prepare candidates for work with persons who are members of populations which require special knowledge and skills of the counselor. Certain special populations will be considered in comparative detail as well as a general information which will emphasize acquiring broader understandings transferable to counseling with any special population.

**Prerequisite(s):** Not open to non-degree graduate students.

**COUN 8610 INTRODUCTION TO MARITAL AND FAMILY THERAPY (3 credits)**

This course is the first of the clinical mental health applications to provide the prospective mental health counselor with instruction in marital and family therapy. Students will continue to develop counseling skills and will become immersed in the work of a professional counselor. Students practice, develop and improve marital and family counseling skills in an environment of professional and constructive peer feedback.

**Prerequisite(s):** Admission to UNO Counseling program; COUN 8030, COUN 8200, COUN 8040. Not open to non-degree graduate students.

**COUN 8620 SURVEY OF ISSUES IN SCHOOL COUNSELING (2 credits)**

This course is designed to provide school counselors with information on topics that are current and relevant to secondary school settings. It will allow candidates and practicing counselors the opportunity to study and evaluate what activities school counselors are currently engaged in and consideration of strategies to deal with students and families.

**Prerequisite(s):** Admission to counseling program. Not open to non-degree graduate students.

**COUN 8630 FOUNDATIONS AND ISSUES IN SCHOOL COUNSELING (3 credits)**

This course is designed to introduce the history, current ASCA (American School Counselor Association) model, and the role of a professional school counselor; and to provide information on and practice with topics that are current and relevant to secondary, middle, and elementary school settings.

**Prerequisite(s):** Admission to UNO Counseling Dept. Not open to non-degree graduate students.

**COUN 8650 ISSUES IN ELEMENTARY AND MIDDLE SCHOOL COUNSELING (3 credits)**

This course is intended to prepare students to effectively implement an elementary and/or middle school counseling program. School counselors in training will develop awareness and skill sets through an overview of the unique issues, approaches, systems, and practice of elementary and middle school counseling.

**Prerequisite(s):** Admission to UNO Counseling Department. Not open to non-degree graduate students.

**COUN 8656 TRANSITION PLANNING (3 credits)**

Curriculum oriented for teachers and related professionals to work with the career development and transition of individuals with disabilities within a multicultural and global society. Includes information for elementary through adulthood with emphasis on transition from high school to community living.

**Prerequisite(s):** EDUC 2510 or SPED 1500. Not open to non-degree graduate students.

**COUN 8670 CAREER DEVELOPMENT POST-SECONDARY TRANSITIONS (3 credits)**

This course is an introduction to career counseling and career development and post-secondary planning in P-12 schools. This course is required for all graduate students seeking a masters degree in counseling with a concentration in school counseling.

**Prerequisite(s):** Admission to UNO Counseling Dept

**COUN 8686 MEDICAL AND PSYCHOSOCIAL ASPECTS OF SUBSTANCE USE DISORDERS (3 credits)**

This course introduces students to substance use disorders and their impact on the individual, family, and society. It covers psychopharmacology, alcohol and drug interactions, drug classifications, theories of substance use disorders, various models of treatment, vulnerable populations, and ethical and legal issues. (Cross-listed with SOWK 4680, SOWK 8686, COUN 4680).

**Prerequisite(s):** Admission to counseling program or social work program or permission of instructor.

**COUN 8696 ASSESSMENT AND CASE MANAGEMENT IN SUBSTANCE USE DISORDERS (3 credits)**

This course focuses on assessment of clients and their environment, and diagnosis and referral for substance use disorder treatment. Emphasis is given to assessment instruments, treatment levels, treatment planning, case management, and social justice. (Cross-listed with COUN 4690, SOWK 4690, SOWK 8696).

**Prerequisite(s):** Admission to counseling program or social work program or permission of instructor.

**COUN 8700 CHILD AND ADOLESCENT COUNSELING (3 credits)**

This course is an introduction to counseling children and adolescents and will examine the theories, techniques, professional settings, cultural, and ethical/legal issues associated with counseling children and adolescents in a diverse society. Although diagnosis of mental disorders will be discussed, the course is designed to build competencies in counseling children and adolescents, with specific attention to social, developmental, and behavioral issues across professional settings.

**Prerequisite(s):** Admission to UNO Counseling Department; COUN 8030 or Department Permission. Not open to non-degree graduate students.

**COUN 8740 SCHOOL COUNSELING GROUPS (3 credits)**

This course is designed to provide the school counselor candidate with a focused study of small group counseling and enrichment programs in schools.

**Prerequisite(s):** Instructor Consent; Documented completion of group experience. Not open to non-degree graduate students.

**COUN 8750 SCHOOL COUNSELING GROUPS & ENRICHMENT PROGRAMS (2 credits)**

This course is intended to prepare students to effectively incorporate small group design, implementation, and assessment as part of a school counseling program. Candidates will develop small group counseling skills and strategies for enrichment program development and delivery.

**Prerequisite(s):** Counseling Major. COUN 8030 and COUN 8270 and COUN 8406 or permission. Not open to non-degree graduate students.

**COUN 8756 MID-LIFE, CAREER CHANGE, PRERETIREMENT PLANNING (3 credits)**

This course is designed to involve candidates in the exploration of the developmental tasks of mid-life, myths and realities related to career change as well as the implication of preretirement planning. Factual information, as well as model examination and evaluation are presented to aid the candidate in becoming better equipped to understand some of the forces which affect the well-being of middle aged persons as they prepare for the later years. (Cross-listed with GERO 4750 and GERO 8756)

**Prerequisite(s):** Not open to non-degree graduate students.

**COUN 8800 CLINICAL MENTAL HEALTH COUNSELING (3 credits)**

This course is an introduction to the specialization of clinical mental health counseling. The course content examines the historical, philosophical, educational, ethical, and psychological concepts and foundations of clinical mental health counseling. Additionally, the course will explore key public and private professional settings and programs within the clinical mental health paradigm, professional advocacy and leadership, and the personal and professional skills and traits expected of professional counselors.

**Prerequisite(s):** Not open to non-degree graduate students.

**COUN 8810 LAW AND ETHICS IN HIGHER EDUCATION AND STUDENT AFFAIRS (3 credits)**

This introductory course is designed to ground future student affairs practitioners in the guiding ethical and legal standards and principles of higher education administrators and student affairs professionals. The course will examine ethical and legal principles through evidence-based readings, discussion/lecture, case studies, exams, and projects. The course will also challenge students to examine their personal values and beliefs and their potential influence on future decision making responses as a student affairs professional.

**Prerequisite(s):** Admission to the UNO Counseling Department or department permission.

**COUN 8820 CRISIS AND EMERGENCY MANAGEMENT IN HIGHER EDUCATION (3 credits)**

This course is designed to provide future student affairs professionals with an understanding of the role of higher education institutions respond and adapt to crises that affect institutional well-being and the well-being of faculty, staff, and students. The course will feature content on crisis and emergency management theory and policy-as well as their implications on the well-being of the institution and key stakeholders (i.e., administrators, faculty, staff, students, community, alumni). Specific focus will be given to examining the specific role of the student affairs professional in the design, implementation, and assessment of crisis and emergency management policy and procedures.

**Prerequisite(s):** Admission to the UNO Department of Counseling and/or department permission

**COUN 8830 CURRENT ISSUES IN HIGHER EDUCATION AND STUDENT AFFAIRS (3 credits)**

This course involves a detailed exploration of current events and issues related to Student Affairs and Higher Education. The higher education ecological environment will be explored and issues pertaining to students will be investigated within the context of the current higher educational landscape. Finally, the college campus's social, political, and physical landscapes will be discussed and current events facing student affairs and higher education professionals will be examined in order to provide students with information on conflicting perspectives related to relevant issues across academia and higher education as a whole.

**Prerequisite(s):** Admission to the UNO Counseling Department and/or department permission

**COUN 8850 THE COLLEGE STUDENT EXPERIENCE (3 credits)**

This course will examine the personal, academic, and psychosocial, and institutional variables common to the experience of students in public and private institutions of higher education in the United States.

**Prerequisite(s):** Full admission to the UNO Counseling Department and/or permission from the Counseling Department Chair.

**COUN 8920 TREATMENT PLANNING AND THE DSM (3 credits)**

This course is designed to orient students to the stages of treatment planning and use of the DSM-5 as a part of the treatment process in mental health settings. The course will examine the stages of treatment planning and offer opportunities to integrate counseling theories into practice. Factors such as psychopathology/pharmacology, ethics, and human diversity will be considered.

**Prerequisite(s):** Not open to non-degree graduate students.

**COUN 8930 HISTORY OF HIGHER EDUCATION AND STUDENT AFFAIRS (3 credits)**

This course will examine a range of topics relevant to understanding and working in higher education institutions. Specific topics will include the purpose of higher education, accessibility and student diversity issues, financial and legal factors, extracurricular activities, and issues related to faculty and staff experiences.

**Prerequisite(s):** Full admission to the UNO graduate program in Student Affairs in Higher Education or permission from Counseling Department Chair

**COUN 8940 DIVERSITY AND WELLNESS ISSUES IN HIGHER EDUCATION (3 credits)**

This course is an exploration of holistic wellness and of power, privilege, social identities, social justice theories and multicultural issues and practices within the context of higher education. We begin by offering foundational definitions of terminology used throughout the course and delve into understanding systems of oppression, privilege, power, and activism through a holistic wellness lens. We then explore and discuss specific social identities, returning again to think about identity through a social justice lens.

**Prerequisite(s):** Full admission to the UNO Counseling Department and/or permission from the Counseling Department Chair. Not open to non-degree graduate students.

**COUN 8950 ORGANIZATION, ADMINISTRATION, AND LEADERSHIP IN HIGHER EDUCATION (3 credits)**

This course will provide an analysis of leadership, management, and organizational theory and practice in US higher education with particular emphasis on student affairs/student development. An examination of current practices of management will include human, fiscal, and physical resource management. This course is required for all students who are seeking a master's degree (M.S.) in Student Affairs in Higher Education.

**Prerequisite(s):** Full admission to the UNO Counseling Department and/or permission from the Counseling Department Chair.

**COUN 8980 DIGITAL LEARNING: POLICY, PROGRAMMING, & SYSTEMS (3 credits)**

This course is an exploration of digital learning organizational structures within the context of higher education. We begin by offering foundational definitions of terminology used throughout the course and delve into understanding how digital learning fits within the broader context of college and university operations. We then explore and discuss strategies for understanding relevant policies, technology systems and wrap-around support services to ultimately engage and retain digital learners in pursuit of post-secondary education.

**Prerequisite(s):** Admission to UNO Department of Counseling and/or department permission.

**COUN 8986 COUNSELING SKILLS IN GERONTOLOGY (3 credits)**

This course is intended to help develop basic counseling skills for application in gerontology. (Cross-listed with GERO 4980, GERO 8986).

**Prerequisite(s):** Not open to non-degree graduate students.

**COUN 8990 THESIS (1-6 credits)**

To develop the candidate's ability to carry out accepted procedures associated with the research process.

**Prerequisite(s):** Approval of the Thesis Review Committee and permission of student's thesis chairperson. Not open to non-degree graduate students.