

PSYCHOLOGY, BACHELOR OF ARTS

To obtain a B.A. with a major in Psychology, a student must fulfill university, college, and departmental requirements. Hour requirements follow:

- 46 hours of University General Education courses
- 16 hours foreign language requirement
- 12-19 hours college breadth requirement
- 37 hours of major courses
- 2-9 hours of electives

TOTAL HOURS: 120

Requirements

The psychology major requires 37 psychology credits, 27 credits of which must be upper-division. There are additional B.A. requirements, as detailed below.

Code	Title	Credits
Core Courses ¹		
PSYC 1010	INTRODUCTION TO PSYCHOLOGY I	3
PSYC 1020	INTRODUCTION TO PSYCHOLOGY II	3
PSYC 2000	CAREER PATHS IN PSYCHOLOGY	1
PSYC 2024	EXPLORATIONS IN THE SCIENCE OF PSYCHOLOGY	2
PSYC 3130	STATISTICS FOR THE BEHAVIORAL SCIENCES	3
PSYC 3140	RESEARCH METHODS IN PSYCHOLOGY	4
Psychology Distribution Requirements		
Select four courses from the Psychology Distribution Areas as outlined below.		12
Upper-Level Psychology Laboratory Courses		
Select one of the following:		3
PSYC 4024	LABORATORY IN PSYCHOLOGY: LEARNING	
PSYC 4074	LABORATORY IN PSYCHOLOGY: COGNITION, SENSATION AND PERCEPTION	
PSYC 4234	LABORATORY IN PSYCHOLOGY: BEHAVIORAL NEUROSCIENCE	
PSYC/BIOL 4280	ANIMAL BEHAVIOR LABORATORY	
PSYC 4544	LABORATORY IN DEVELOPMENTAL PSYCHOLOGY	
PSYC 4644	LABORATORY IN PSYCHOLOGY: SOCIAL/ INDUSTRIAL-ORGANIZATIONAL	
PSYC 4990	SENIOR THESIS ²	
Upper-Level Psychology Electives		
Two additional 3-credit hour 3000- or 4000-level Psychology courses are required. These may be selected from the Psychology Distribution Requirements, the Labs, or any other 3000- or 4000- level Psychology courses offered.		6
Additional B.A. Requirement		
Foreign Language: The B.A. degree program requires completion of a foreign language through the intermediate level.		
Total Credits		37

¹ These six courses should be taken early in the student's degree program. Concepts learned in these courses will benefit the student in upper-level Psychology classes.

² PSYC 4990–Senior Thesis Part II: Data Analysis, Interpretations and Conclusions. Requires special permission from a faculty member and the student must meet the Psychology Senior Thesis criteria.

Psychology Distribution Areas

Four courses (**12 credit hours**) are required, one course (**3 credit hours**) each from four of the following five areas.

Applied Psychology

Code	Title	Credits
PSYC 3510	EDUCATIONAL PSYCHOLOGY	3
PSYC 4020	LEARNING	3
PSYC 4310	PSYCHOLOGICAL AND EDUCATIONAL TESTING	3
PSYC 4510	PSYCHOLOGY IN THE SCHOOLS	3
PSYC 4560	FORENSIC PSYCHOLOGY	3
PSYC 4630	ORGANIZATIONAL PSYCHOLOGY	3
PSYC 4640	PERSONNEL PSYCHOLOGY	3

Social/Personality/Developmental Psychology

Code	Title	Credits
PSYC/SOC 3450	SOCIAL PSYCHOLOGY	3
PSYC 3520	CHILD PSYCHOLOGY	3
PSYC 3540	ADOLESCENT PSYCHOLOGY	3
PSYC 4450	PERSONALITY THEORIES	3
PSYC/GERO 4460	PSYCHOLOGY OF ADULT DEVELOPMENT AND AGING	3

Mental Health

Code	Title	Credits
PSYC 3410	CLINICAL PSYCHOLOGY	3
PSYC 3430	PERSONALITY AND ADJUSTMENT	3
PSYC 4440	ABNORMAL PSYCHOLOGY	3
PSYC/GERO 4470	MENTAL HEALTH AND AGING	3
PSYC 4590	PSYCHOLOGY OF EXCEPTIONAL CHILDREN	3
PSYC 4800	LAW & PSYCHOLOGY: ETHICS, RESEARCH & SERVICE	3

Cognitive/Neuroscience

Code	Title	Credits
PSYC 4070	COGNITIVE PSYCHOLOGY	3
PSYC 4090	COGNITIVE NEUROSCIENCE	3
PSYC 4210	SENSATION AND PERCEPTION	3
PSYC 4230	BEHAVIORAL NEUROSCIENCE	3
PSYC/BIOL 4270	ANIMAL BEHAVIOR	3
PSYC/BIOL 4320	HORMONES & BEHAVIOR	3
PSYC 4520	PSYCHOLOGY OF LANGUAGE	3

Additional Perspectives

Code	Title	Credits
PSYC/PHIL 3650	PHILOSOPHY OF MIND	3
PSYC 4010	HISTORY OF PSYCHOLOGY	3
PSYC/PSCI 4110	POLITICAL PSYCHOLOGY	3
PSYC/BLST 4150	AFRICAN AMERICAN PSYCHOLOGY	3
PSYC/PHIL 4250	LIMITS OF CONSCIOUSNESS	3

PSYC 4680	POSITIVE PSYCHOLOGY, HEALTH, & WELL-BEING	3
PSYC 4960	INDEPENDENT STUDY IN PSYCHOLOGY 1	1-6
PSYC 4990	SENIOR THESIS ²	3

¹ PSYC 4960 requires special permission from a faculty mentor, approval of the UPC, and a final paper, project or conference presentation.

² PSYC 4990–Senior Thesis Part I: Thesis Proposal (**3 credit hours**). Requires special permission from a faculty member and the student must meet the Psychology Senior Thesis criteria.

Optional Concentrations

Psychology majors may declare a concentration in any one of the following seven areas. Each concentration is a minimum of 12 credit hours. A concentration is optional, and only one concentration may be declared. The concentration will be noted on the student's transcript.

Concentration in Applied Behavior Analysis

To obtain a Concentration in ABA, students will complete of 12-13 credit hours from the Verified Course Sequence, indicating that the student has a more in-depth knowledge of ABA.

Required

Code	Title	Credits
Required Courses		
PSYC 4570	BEHAVIOR ANALYSIS AND INTERVENTIONS	3
PSYC 4020	LEARNING	3
Select 2 from the following		6-7
PSYC 4030	CONCEPTUAL ANALYSIS OF BEHAVIOR	
PSYC 4414	LABORATORY IN APPLIED BEHAVIOR ANALYSIS	
PSYC 4810	PRACTICE AND ETHICS IN BEHAVIOR ANALYSIS	
PSYC 4350	BASIC/EXPERIMENTAL BEHAVIOR ANALYSIS	
PSYC 3150	SMALL-N RESEARCH METHODS	
Total Credits		12-13

Concentration in Cognitive Science

Code	Title	Credits
PSYC 4070 or PSYC 4090	COGNITIVE PSYCHOLOGY COGNITIVE NEUROSCIENCE	3
Select three of the following:		9
PSYC/PHIL 3650	PHILOSOPHY OF MIND	
PSYC 4210	SENSATION AND PERCEPTION	
PSYC 4230	BEHAVIORAL NEUROSCIENCE	
PSYC/PHIL 4250	LIMITS OF CONSCIOUSNESS	
PSYC 4520	PSYCHOLOGY OF LANGUAGE	
PHIL 4610	PHILOSOPHY OF LANGUAGE	
ENGL 3610	INTRODUCTION TO LINGUISTICS	
Total Credits		12

Concentration in Developmental Psychology

Code	Title	Credits
PSYC 3520	CHILD PSYCHOLOGY	3
PSYC 3540	ADOLESCENT PSYCHOLOGY	3
Select two of the following:		6

PSYC 2500	LIFESPAN PSYCHOLOGY	
PSYC 3510	EDUCATIONAL PSYCHOLOGY	
PSYC 4090	COGNITIVE NEUROSCIENCE	
PSYC 4230	BEHAVIORAL NEUROSCIENCE	
PSYC 4520	PSYCHOLOGY OF LANGUAGE	
PSYC 4544	LABORATORY IN DEVELOPMENTAL PSYCHOLOGY	
PSYC 4590	PSYCHOLOGY OF EXCEPTIONAL CHILDREN	
PSYC 4930	SPECIAL TOPICS IN PSYCHOLOGY	
PSYC 4960	INDEPENDENT STUDY IN PSYCHOLOGY (Developmental Psychology topic)	
PSYC 4990	SENIOR THESIS (Developmental Psychology topic)	
Total Credits		12

Concentration in Forensic Psychology

Code	Title	Credits
PSYC 4560	FORENSIC PSYCHOLOGY	3
PSYC 4800	LAW & PSYCHOLOGY: ETHICS, RESEARCH & SERVICE	3
Select two of the following:		6
PSYC/SOC 3450	SOCIAL PSYCHOLOGY	
PSYC 4440	ABNORMAL PSYCHOLOGY	
Courses in Criminal Justice approved by the advisor		
Total Credits		12

Concentration in Industrial/Organizational Psychology

Code	Title	Credits
PSYC 4630	ORGANIZATIONAL PSYCHOLOGY	3
PSYC 4640	PERSONNEL PSYCHOLOGY	3
Select two of the following:		6
PSYC 3450	SOCIAL PSYCHOLOGY	
PSYC 4070	COGNITIVE PSYCHOLOGY	
PSYC 4310	PSYCHOLOGICAL AND EDUCATIONAL TESTING	
PSYC 4644	LABORATORY IN PSYCHOLOGY: SOCIAL/ INDUSTRIAL-ORGANIZATIONAL	
PSYC 4650	CREATIVITY AND INNOVATION IN ORGANIZATIONS	
PSYC 4930	SPECIAL TOPICS IN PSYCHOLOGY	
PSYC 4960	INDEPENDENT STUDY IN PSYCHOLOGY (Industrial/Organizational Psychology topic)	
PSYC 4990	SENIOR THESIS (Industrial/Organizational Psychology topic)	
Total Credits		12

Concentration in Mental Health

Code	Title	Credits
PSYC 3410	CLINICAL PSYCHOLOGY	3
PSYC 4440	ABNORMAL PSYCHOLOGY	3
Select two of the following:		6
PSYC 3430	PERSONALITY AND ADJUSTMENT	
PSYC 4230	BEHAVIORAL NEUROSCIENCE	
PSYC 4450	PERSONALITY THEORIES	
PSYC/GERO 4470	MENTAL HEALTH AND AGING	
PSYC 4560	FORENSIC PSYCHOLOGY	

PSYC 4590	PSYCHOLOGY OF EXCEPTIONAL CHILDREN	
PSYC 4680	POSITIVE PSYCHOLOGY, HEALTH, & WELL-BEING	
PSYC 4930	SPECIAL TOPICS IN PSYCHOLOGY	
PSYC 4960	INDEPENDENT STUDY IN PSYCHOLOGY (Mental Health topic)	
PSYC 4990	SENIOR THESIS (Mental Health topic)	
Total Credits		12

Concentration in Neuroscience and Behavior

Code	Title	Credits
Select two of the following:		
PSYC 4090	COGNITIVE NEUROSCIENCE	6
PSYC 4230	BEHAVIORAL NEUROSCIENCE	
PSYC/BIOL 4270	ANIMAL BEHAVIOR	
PSYC/BIOL 4320	HORMONES & BEHAVIOR	
Select two of the following not fulfilled above:		
PSYC 4020	LEARNING	6
PSYC 4024	LABORATORY IN PSYCHOLOGY: LEARNING	
PSYC 4090	COGNITIVE NEUROSCIENCE	
PSYC/NEUR 4160	NEUROPHARMACOLOGY	
PSYC 4210	SENSATION AND PERCEPTION	
PSYC 4230	BEHAVIORAL NEUROSCIENCE	
PSYC 4234	LABORATORY IN PSYCHOLOGY: BEHAVIORAL NEUROSCIENCE	
PSYC/PHIL 4250	LIMITS OF CONSCIOUSNESS	
PSYC/BIOL 4270	ANIMAL BEHAVIOR	
PSYC/BIOL 4280	ANIMAL BEHAVIOR LABORATORY	
PSYC/BIOL 4320	HORMONES & BEHAVIOR	
PSYC 4440	ABNORMAL PSYCHOLOGY	
PSYC 4930	SPECIAL TOPICS IN PSYCHOLOGY	
PSYC 4960	INDEPENDENT STUDY IN PSYCHOLOGY (Neuroscience topic)	
PSYC 4990	SENIOR THESIS (Neuroscience topic)	
Total Credits		12

Concentration in School Psychology

Code	Title	Credits
PSYC 3510	EDUCATIONAL PSYCHOLOGY	3
PSYC 4590	PSYCHOLOGY OF EXCEPTIONAL CHILDREN	3
Select two of the following:		
PSYC 3410	CLINICAL PSYCHOLOGY	6
PSYC 3520	CHILD PSYCHOLOGY	
PSYC 3540	ADOLESCENT PSYCHOLOGY	
PSYC 4310	PSYCHOLOGICAL AND EDUCATIONAL TESTING	
PSYC 4510	PSYCHOLOGY IN THE SCHOOLS	
Total Credits		12

Freshman

Fall		Credits
ENGL 1150	ENGLISH COMPOSITION I (*)	3
MATH 1120	INTRODUCTION TO MATHEMATICAL AND COMPUTATIONAL THINKING (**)	3-4
or MATH 1220	or COLLEGE ALGEBRA	
or MATH 1300	or COLLEGE ALGEBRA WITH SUPPORT	
or STAT 1530	or ELEMENTARY STATISTICS	
PSYC 1010	INTRODUCTION TO PSYCHOLOGY I (***)	3
Foreign Language 1110#		5
*ENGL 1150: requires appropriate placement		
**MATH 1220 and STAT 1530: require appropriate placement		
***PSYC 1010 counts as a Social Science and Major requirement.		
#Foreign Language course 1110 will satisfy a Humanity/ Fine Arts course and Global Diversity. If satisfying the BA language requirement differently, please consult with your advisor, as you'll need to add a HFA, global diversity course, and some electives.		

Credits 14-15

Spring

ENGL 1160	ENGLISH COMPOSITION II (*)	3
PSYC 1020	INTRODUCTION TO PSYCHOLOGY II (**)	3
PSYC 2000	CAREER PATHS IN PSYCHOLOGY (***)	1
PSYC 2024	EXPLORATIONS IN THE SCIENCE OF PSYCHOLOGY (#)	2
Foreign Language 1120		5
*ENGL 1160: requires ENGL 1150 with grade of C- or better or placement.		
**PSYC 1020: Requires PSYC 1010. Recommended to take PSYC 2024 concurrently.		
***PSYC 2000: requires PSYC 1010		
#PSYC 2024: requires PSYC 1010, required prior to or concurrent with PSYC 3130. Recommended to take concurrently with PSYC 1020.		

Credits 14

Sophomore

Fall		Credits
CMST 1110	PUBLIC SPEAKING FUNDS	3
or CMST 2120	or ARGUMENTATION AND DEBATE	
PSYC 3130	STATISTICS FOR THE BEHAVIORAL SCIENCES (*)	3
Foreign Language 2110		3
Humanities & Fine Arts		3
Natural & Physical Sciences/LAB		4
*PSYC 3130: See the catalog for the most up-to-date prerequisites		

Credits 16

Spring

PSYC 3140	RESEARCH METHODS IN PSYCHOLOGY (*)	4
Foreign Language 2120		3
Natural & Physical Sciences**		3
Psychology Distribution/Upper-Level		3
U.S. Diversity/Social Sciences		3
*PSYC 3140: requires PSYC 2000 and PSYC 3130 and ENGL 1160.		
**NPS must come from 2nd discipline.		

Credits 16

Junior**Fall**

Humanities & Fine Arts*	3
Psychology Distribution/Upper-Level	3
Psychology Distribution/Upper-Level	3
Elective/Minor/Concentration	3
Elective/Minor/Concentration	3
*HFA must come from 2nd discipline.	

Credits **15**

Spring

HIST 1000 or Minor/2nd Major Course*	3
Psychology Distribution/Upper-Level	3
Psychology Distribution/Upper-Level	3
Social Sciences**	3
Additional HFA for A&S or Minor/2nd Major Course***	3

*A&S College Requirement Options.

**SS must come from 2nd discipline

***A&S College Requirement Options. Additional HFA must come from 3rd discipline

Credits **15**

Senior**Fall**

HIST 1010 or Minor/2nd Major Course*	3
Additional Social Science for A&S or Minor/2nd Major Course**	3
Psychology Distribution/Upper-Level/LAB***	3
Elective/Minor/Concentration	3
Elective/Minor/Concentration	3

*A&S College Requirement Options.

**A&S College Requirement Options. Additional SS must come from 3rd discipline.

***An Advanced Psychology Lab will be required for the Psychology major. Students must have already taken a corresponding lecture, and all core major requirements prior to taking the lab. Students must work closely with their major advisor to plan effectively for this requirement and to discuss the best options for their interests and future plans.

Credits **15**

Spring

Additional HFA for A&S or Minor/2nd Major Course*	3
Additional Natural Science with Lab for A&S or Minor/2nd Major Course**	3-4
Psychology Distribution/Upper-Level/LAB***	3
Elective/Minor/Concentration	3
Elective	1-2

*A&S College Requirement Option. Additional HFA must come from 3rd discipline.

**A&S College Requirement Options.

***An Advanced Psychology Lab will be required for the Psychology major. Students must have already taken a corresponding lecture, and all core major requirements prior to taking the lab. Students must work closely with their major advisor to plan effectively for this requirement and to discuss the best options for their interests and future plans.

Credits **13-15**

Total Credits **118-121**

sequence of courses based on course availability. Please consult an advisor in your major program for further guidance.

This plan is not a contract and curriculum is subject to change

Additional Information About this Plan:

University Degree Requirements: The minimum number of hours for a UNO undergraduate degree is 120 credit hours. Please review the requirements for your specific program to determine all requirements for the program. In order to graduate on-time (four years for an undergraduate degree), you need to take 30 hours each year.

Placement Exams: For Math, English, Foreign Language, a placement exam may be required. More information on these exams can be found at <https://www.unomaha.edu/enrollment-management/testing-center/placement-exams/information.php>

**Transfer credit or placement exam scores may change suggested plan of study