## **EXPLORATORY (EXPL)**

## **Exploratory Undergraduate Courses**

## **EXPL 1000 EXPLORATORY STUDIES (3 credits)**

All Exploratory Studies students will take EXPL 1000, a general education course specifically designed for Explorers which: Empowers students to define their passions, talents, and interests to choose a best-fit major/minor; helps students explore different disciplines, Academic Focus Areas, and majors/minors at UNO; draws on happiness and well-being theories to help students better define the meaning of success in college and in life; provides mentorship from faculty, staff, peer mentors, EXPL Ambassadors, and more.

**Prerequisite(s):** Not open to non-degree graduate students. **Distribution:** Social Science General Education course