

# RECREATION-LEISURE STUDY (RLS)

## Recreation-Leisure Study Undergraduate Courses

### **RLS 2440 FOUNDATIONS OF RECREATION AND LEISURE (3 credits)**

A survey approach to the recreation, leisure services, parks professional field to include the historical philosophical bases of the overall profession. Provides the necessary foundational knowledge for majors as well as candidates within other areas of study.

### **RLS 2500 OUTDOOR RECREATION (3 credits)**

A survey of the dynamics of outdoor recreation in American life. Designed to guide candidates through a learning experience that results in an introduction to and a broad-based understanding and appreciation of outdoor recreation.

### **RLS 3100 SOCIAL ASPECTS OF SPORT AND LEISURE (3 credits)**

A critical examination of the function and significance of sports within the overall leisure behavior patterns of Western society. Recreational sport, sport spectatorship, and competitive athletics are considered from the dominant theoretical perspectives within sociology.

**Prerequisite(s):** Six hours of social science or permission.

### **RLS 3500 FOUNDATIONS OF RECREATION THERAPY (3 credits)**

An introduction to therapeutic recreation services as a specialized field within recreation. Course content touches on the majority of the special populations recognized within American society. An in-depth survey approach is utilized.

### **RLS 4070 CAMPUS RECREATION MANAGEMENT (3 credits)**

A review of the knowledge, skills, and abilities required for the management of typical campus recreation programs and facilities. This course will prepare students for entry level positions managing campus recreation employees, programs, facilities and services. (Cross-listed with RLS 8076)

### **RLS 4100 FACILITY DESIGN AND MANAGEMENT (3 credits)**

This course is designed to acquaint the recreation major or practitioner with the knowledge and certifications necessary to maintain and operate a recreation building including all major activity areas using the latest standards and technology. Attention will be devoted to the design and management process, including terminology, court specifications, handicapped accessibility, and swimming pool operation.

### **RLS 4240 RECREATION ADMINISTRATION (3 credits)**

Designed to provide a background of information on public, private, and commercial recreation with special attention to organization, promotion, and development from the administrative aspect. (Cross-listed with RLS 8246)

**Prerequisite(s):** RLS Major and Senior status

### **RLS 4300 RECREATION PROGRAMMING AND LEADERSHIP (3 credits)**

An advanced study of recreational programming and leadership through practical applications. Emphasis is placed upon understanding proven programming and leadership knowledge and skills; understanding participant leisure behavior; understanding participant leisure needs; and skill development in ways through which organization, agencies and businesses create services to respond to the leisure needs of the consumer. (Cross-listed with RLS 8306)

**Prerequisite(s):** Junior, Senior or Graduate Standing

### **RLS 4400 TRAVEL AND TOURISM (3 credits)**

This course is designed to provide the recreation major or practitioner, and other interested candidates, with an awareness of the major components of the travel and tourism industry, including its costs and benefits to a resident community. (Cross-listed with RLS 8406)

**Prerequisite(s):** Junior Standing.

### **RLS 4420 RECREATION FOR THE AGING (3 credits)**

Role of leisure services as related to understanding and working with elders. Emphasis on recreation programming as a mode of intervention. Analysis and study of the phases of aging, with reference to psychomotor, affective, and cognitive changes; introduction to the theories of aging and how they relate to the lifestyle of this population; recreational therapy intervention, activity adaptation and program design; leisure education and issues and trends. (Cross-listed with RLS 8426, GERO 4420, GERO 8426)

### **RLS 4550 PRACTICUM I (6 credits)**

Practical learning experience in leisure service delivery under close University and agency supervision.

**Prerequisite(s):** Senior, 2.5 GPA and department consent.

### **RLS 4560 PRACTICUM II (6 credits)**

Practical learning experience in leisure service delivery under close University and agency supervision.

**Prerequisite(s):** Senior, 2.5 GPA and department consent.

### **RLS 4970 PROBLEMS OF RECREATION (1-3 credits)**

The purpose of this course is to provide an opportunity for candidates to participate in special conferences on problems in the field of recreation and to further professional improvement and growth beyond the normal four-year undergraduate program.

**Prerequisite(s):** Permission of instructor.